

INTERNATIONAL TRIP COUNTDOWN



AT TIME OF BOOKING

- check if I need to apply for/renew my passport
- check if I need a travel visa
- check if I need a travel vaccine
- line up any pet/house care



2+ WEEKS PRIOR

- notify bank with ATM cards about trip
- notify credit card company about trip
- go to the bank to get some local currency
- add travel plan to cell phone coverage
- download maps to cell phone to consult offline
- scan passport and wallet contents, print one copy to take, and leave one copy with someone at home
- notify Post Office to stop deliveries
- notify newspapers to stop deliveries

for this trip, I need to buy:

- _____
- _____
- _____



DAY 3 - FINISH PACKING

- pack suitcases/bags except for toiletries
- check weather at the destination(s)
- print out instructions on how to get to lodging
- download shows, books, magazines



DAY 2 - JET LAG AT HOME

- FLYING EAST: set alarm for ____ to wake up at 9 a.m. (destination) time
- FLYING WEST: stay awake until it is 9 p.m. (destination) time



DAY 1 - JET LAG AT HOME

- FLYING EAST: set alarm for ____ to wake up at 7 a.m. (destination) time
- FLYING WEST: stay awake until it is 11 p.m. (destination) time



TRAVEL DAY!

- pack toiletries
- put meal replacement bars in carry on